



CHARLOTTE SOCCER ACADEMY RETURN TO ACTIVITY

North Carolina Youth Soccer (NCYSA) has set a projected date for June 1 to get back on the soccer field for practice and games through the month of June. As we are very excited to get back on the field, the safety of our staff and players is paramount.

While we are going to do our best to put the staff and players in the safest possible environment, primarily it is the responsibility of our families to educate children on expectations when out on the field.

Practices and games are understandably going to have a different feel. To be in compliance with our governing body recommendations, CSA is looking to uphold the below expectations going forward:

CLUB RESPONSIBILITIES

- CSA has engaged with local health professionals and will continue to create dialogue to ensure Charlotte Soccer Academy is providing the safest environment for all members.
- Educate all Charlotte Soccer Academy staff on expectations and protocols when going back on the field which include:
 - Practice plans that fit within the criteria of the States regulations
 - Create a plan of action in case of the unfortunate event of a positive result.
- For facilities that only have porta-jons, Charlotte Soccer Academy will provide portable sinks allowing families to wash hands.
- Charlotte Soccer Academy will be compliant and will adhere to the updated regulations provided by CMS and Charlotte Mecklenburg Parks and Recreation department.
- Provide enough space for teams to train while also adhering to the current social distancing requirements.
- Fields marked with "parking spots" for the players to ensure social distancing before/after practice and during water breaks. Clearly marked spaces for each player will decrease confusion and risk of getting too close to teammates .
- All Charlotte Soccer Academy training sessions will run 75 minutes. There will also be a 15-minute window for players to leave the fields before the new teams arrive

COACHES

- Charlotte Soccer Academy Coaches are to wear masks.
- Coaches are to pay attention and monitor looks and/or behaviors of their players.
 - **If any coach senses a player to show characteristics of any ill behavior are to send that player home immediately**
- All Coaches are required to set AND pick up cones
 - **No players are to help in picking up coaches' equipment**
- No Pinnies are to be used for training sessions.
 - Players are to bring all practice/game jerseys (Blue and Black) to training sessions and groups will be split up accordingly.
- All Coaches are to abide to the training guidelines and have teams broken up into a maximum of 9 players in a group at one time for each activity structured.
 - **Players are not to mixed throughout the training sessions. When teams are split up into smaller groups, those players are to stay together for duration of training.**
- Coaches are the only individuals allowed to move goals if necessary.
- There is to be no pre or post training/game huddle
- All Coaches will have hand sanitizer to give to each player before and after each training session.

PLAYERS

- CSA players are **encouraged** to wear masks and gloves when out on the field, however, all players are required to arrive at training and leave training with their face covered.
- Wash hands thoroughly before and after training. Please avoid touching face. Charlotte Soccer Academy will provide hand sanitizer for all coaches to bring to training sessions however we encourage players bring their own sanitizer to keep in bags
- All players and encouraged to have their own hand gel, preferably the kind that attaches to the outside of their soccer bag and will be encouraged to use it frequently during water breaks.
- If any player exhibits a fever of 100.4 degrees and potential symptoms of illness they are to miss any soccer related activity and can only return when they are fever free for 24 hours.
- Players are not to step on the field for training any earlier then 5 minutes before your start your training session
- All players are to have water bottles with names clearly labelled and are not to share any water with teammates.
- Players are to practice social distancing keeping bags at least 6 feet apart from other bags
- Players are to refrain from any unnecessary touching with teammates including high-5's, hugs, handshakes, fist bumps.

PARENTS

- It is the parent's responsibility to take the temperature of their child before coming to each training session.
- Please consider not carpooling but if necessary we encourage this to be very limited.
- Any parents staying at the fields during training sessions are expected to stay in their car during practice.
- If parents are to leave their car at any moment during practice or games, you are **required** to wear a face mask
- If we are able to conduct in competitive short sided games, everyone must adhere to social distancing and masks will be required. Only immediate family members will be able to attend games. Once more details are available on the number of attendees allowed, we will update members.
- Please wash your children's training apparel after each activity.
- Before and after training sessions please sanitize equipment such as shin guards, boots and ball.
- Do not look to engage any staff coach at the field. Any communication with a Charlotte Soccer Academy staff member is to be through phone call or email.
- Notify the club if your child does become ill.

Many of these recommended protocols are common sense. If we work together to minimize exposure to the COVID-19 virus, then we can all stay safe and healthy and continue to enjoy sport activities.